
RETURN TO SKATING

Skate Saskatoon's Playbook

JUNE 26, 2020

SKATE SASKATOON

Email: support@skatesaskatoon.com

Return to Skating Playbook

Skate Saskatoon would like to thank you for taking the necessary precautions and doing your part to limit the spread of COVID-19. Please stay up to date on the ever-changing situation by checking / referring often to the following sources of information:

Skate Saskatoon website – <https://www.skatesaskatoon.com/>

Skate Canada Saskatchewan – <https://skatecanadasaskatchewan.com/>

Movement between ‘return to skating stages’ will be determined by Skate Canada – Saskatchewan based on the current Government of Saskatchewan guidelines found in the **Re-Open Saskatchewan Plan**. We hope to move through the stages sequentially, but due to unforeseen changes in public health requirements, we may have to move back previous stages.

Skate Canada COVID-19 Response – <https://skatecanada.ca/covid-19-response/>

Government of Saskatchewan – <https://www.saskatchewan.ca/>

Re-Open Saskatchewan Plan – <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan>

Covid-19 Self-Assessment Tool – <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>

Parents, Skaters, Coaches, & Member Commitment

- Will comply with regular screening for symptoms of COVID-19 upon arrival at the facility and before participation.
- Will not participate in skating activities if they:
 - exhibit any Covid-19 symptoms, such as fever, cough, difficulty breathing, or other symptoms identified by the health authority.
 - Have been in contact with someone with Covid-19 in the last 14 days
- If you have travelled internationally within the past 14 days, will comply with all restrictions such as self-isolation or quarantine required upon arrival.
- Must ensure that physical distance guidelines and traffic flow are being followed.
- Must arrive “rink-ready”; that is, ready to step on the ice.
 - Personal belongings must be limited.
 - Keys, phone, water bottle, Kleenex, crash pads, gloves, hand sanitizer

Skate Saskatoon’s Commitment

- Comply with the physical distancing, cleaning, sanitizing measures and recommendations issued by federal, provincial and municipal government authorities, including the arrival, time spent on site and departure of skaters.
- Enforce the Skate Canada – Saskatchewan Return to Skating requirements

Return to Skating Process:

Requirements Before you will be permitted to skate:

1. Register online at SkateSaskatoon.com for the session(s) of an appropriate level, **a minimum of 5 days prior to the first day of skating.**
 - a. **Seasonal registrations will only be accepted until July 11th.**
 - b. **Weekly registrations will be available until Wednesday the week before the program starts.**
2. Contact a Skate Saskatoon Coach regarding lessons.
3. Submit the Skate Canada Saskatchewan Assumption of Risk and Waiver by email to office@skatesaskatoon.com **a minimum of 5 days prior to the first day of skating.**
4. Review the Skate Canada Saskatchewan Return to Skating Guidelines (available on Skate Saskatoon's website).

General Rules:

1. Entry is permitted through the main doors only.
2. Exit is through the single located near the kitchen.
3. Entry to the ice surface is through the double doors only.
4. Exit from the ice surface is through the single door only.
5. Music is only permitted to be played by the Summer Coordinator,
 - a. **Music should be submitted after registration by email to office@skatesaskatoon.com, so that it can be put on a USB drive.**
 - i. **Music must be in mp3 format.**
6. Water fountain is not available for use.
7. Locker rooms are not available for use.
8. Bathrooms are available.
9. **No spectators are allowed (this includes parents)**
10. No swapping of sessions for any reason, no make-up sessions
11. No exchanges of sessions with another skater
12. No ice session tickets, pre-registration a minimum of 5 days in advance is required
13. No 15 minute lesson ice tickets – full session purchases only

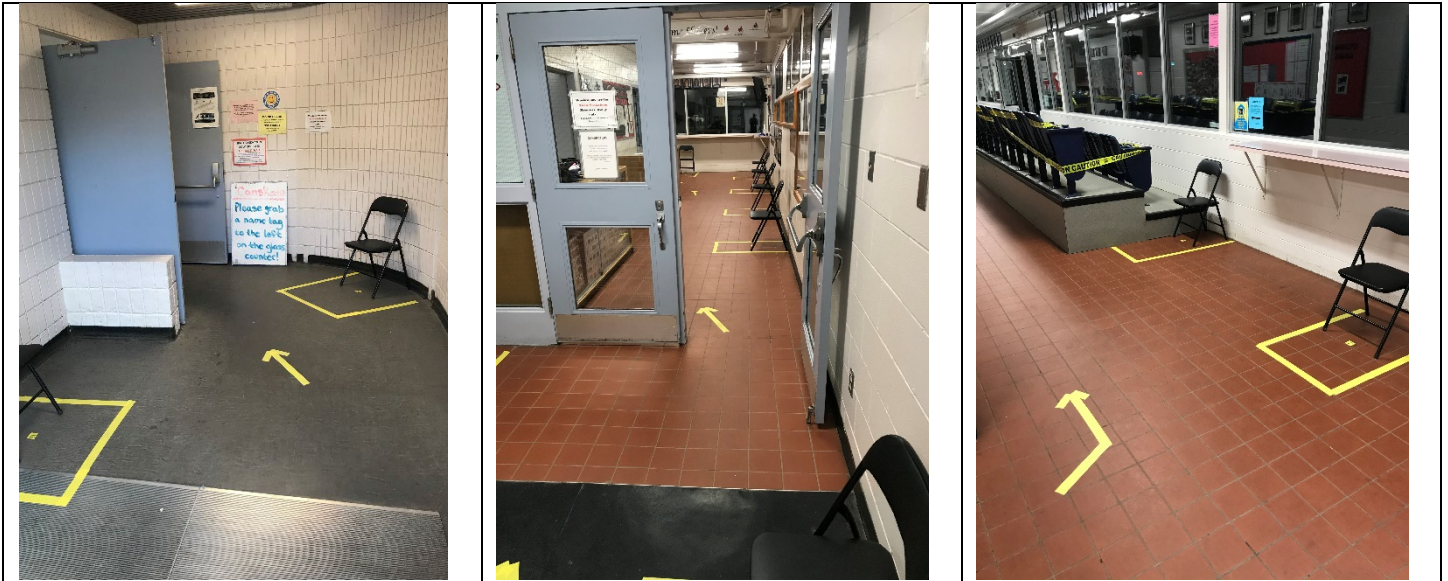
Requirements on the Day of Skating:

Before you leave for the rink:

1. Ensure that you **do not have** any of the following Symptoms:
 - a. Fever
 - b. Cough
 - c. Shortness of Breath
 - d. Runny Nose, sneezing, or nasal congestion (not related to other known causes such as seasonal allergies)
 - e. Sore throat
 - f. Difficulty swallowing
 - g. Lost of sense of taste or smell
2. If you or someone in your household has travelled outside Canada, or had close contact with anyone that has travelled outside Canada in the past 14 days you will not be permitted to skate.
3. If you have had close contact in the past 14 days with anyone with a new cough, fever, difficulty breathing or a confirmed case of COVID-19, you will not be permitted to skate.
4. Ensure you are dressed ready for skating and have a **mask** available for use.
 - a. **Suggested items** to bring with you to the rink
 - i. Mask – Required while in the building unless you are on the ice skating
 - ii. Skates – Required
 - iii. Lawn Chair or Zuca Bag – to sit on when tying skates
 1. Skates will be tied OUTSIDE unless it is raining, if it is raining chairs will be provided inside the building.
 - iv. Hand Sanitizer
 - v. Kleenex
5. Ensure all waivers and registrations have been submitted online (you will not be permitted to skate if the forms have not been submitted).
6. Ensure you will arrive on time
 - a. Skaters who arrive after the session starts will not be permitted to skate.

At the Rink:

1. **Tie** your skates in the **parking lot** on your lawn chair or zuca bag.
 - a. Chairs provided inside only if it is raining.
2. Put on your **mask** and carry the items you **need** to skate with you.
3. **Line up** outside on the Physical distancing markers, and ensure that you maintain appropriate physical distance at all times.
4. A **summer coordinator** will be conducting verbal screenings of all participants daily.
 - a. This is a **REQUIREMENT** and must be taken seriously.
5. When the summer coordinator indicates that it is time to enter the building, do so while maintaining the appropriate physical distance at all times.
 - a. **Sanitize** your hands as you enter the building with sanitizer provided.
6. The first skater will follow the arrows until they reach "Station 1" (next to the spectator chairs), where they will stop and place any items they brought with them in the plastic bin (including their skating gloves), then stand in the marked area holding the bin. The second skater will stop at "Station 2" and deposit their items into the plastic bin, this continues for all skaters.



7. The summer coordinator will indicate when it is time to enter the ice area, the skater at “Station 1” will proceed to the ice surface, remove their guards and place them in their bin, they will then skate over to the furthest Pylon (labelled with a 1) and place their bin beside it, they can then remove their mask, put on their gloves and begin to skate.
 - a. Once the first skater is on the ice, the second can proceed, then the 3rd etc.
 - b. **NOTE: if the “stretch bar” is used to assist in getting on the ice, hand sanitizer is recommended immediately after use.**



During Skating:

1. All skaters must maintain an appropriate physical distancing at all times.
2. If you have to blow your nose: (tissue is not provided, please bring your own)
 - a. Remove your gloves and place them in your bin
 - b. Blow your nose
 - c. Dispose of the tissue in the garbage provided
 - d. Sanitize your hands
 - e. Return to your bin and put your gloves back on
3. Follow all general skating rules

At the End of Skating:

1. Skate to your bin and get off the ice at the pylon, then remove your gloves, put on your mask and guards, and wait at your pylon.
2. The summer coordinator will wait until all skaters are ready and then indicate to proceed towards the exit door.
3. While moving to the exit physical distancing must be maintained at all times, advance 1 pylon at a time and then use the floor markings.
4. Deposit your bin in the dirty bin locations, sanitize your hands and proceed directly to the exit, the door will be propped open to exit the ice surface, there is no stopping permitted to exit the building.
5. Remove skates and wipe blades etc. after exiting the building.



Where we are at today

